

# Newport Yacht Club Laser Regatta Sailing Instructions

June 20, 2026

## Rules

- The race series will be governed by the Racing Rules of Sailing
- The ILCA rules will apply, except that non-class sails that are of the standard size and construction may be used.

## Eligibility

- Open to all boats of the ILCA or Laser Class. Boats are required to complete registration requirements.

## NOTICES TO COMPETITORS

- Notices to competitors will be posted at the official notice location located near the NYC south porch door

## CHANGES TO SAILING INSTRUCTIONS

- All changes to the sailing instructions will be posted before or immediately after the 10:00am Skippers Meeting
- Meeting to include any changes announced at the meeting.

## SIGNALS MADE ASHORE

- All signals made ashore will be from the Race Committee Signal Boat on the east dock, looking south.
- When flag AP is displayed ashore, *1 minute* is replaced with '*not less than 30 minutes*' until the warning signal. This changes RRS Race Signals.

## SCHEDULE

- Registration will begin at 8:30AM
- Skippers/Racers meeting will be at 10:00AM
- First warning will be at 11:00AM
- No warning will take place after 3:30PM. Up to 6 races may be sailed.

## RACING AREAS

- All races will take place on Irondequoit Bay

## COURSES

- See Appendix A

## MARKS

- The marks will be inflatable buoys or balls. The specific shapes and colors will be announced at the skippers meeting.

## STARTS

- **Starting Sequence:** A 3-minute sound sequence replaces RRS 26. An unofficial "Attention" signal (4–5 horn blasts) will precede the warning signal.
- **Starting Line:** Between the yellow flag staff on the committee boat and the course side of the starting buoy.
- **Late Starts:** Boats starting more than 15 minutes after their scheduled start will be scored DNS.
- **Penalties:** Any starting penalty flag will be flown throughout the entire sequence.
- **Recalls:** The RC will attempt to hail OCS boats. Failure to hail or hear the hail is not grounds for redress.

## FINISH

- **Finish Line:** Between the yellow flag on the committee boat and the nearby mark.
- **End of Racing:** The RC will hail competitors and/or fly Flag "A" to indicate no more races today.

## TIME LIMITS AND TARGET TIMES

- The time limit for all races shall be 1 hour 15 minutes.
- Time limit to reach the first mark is 35 minutes.
- The target time for each race is 40 minutes.
- The Race Committee may change or shorten the course based on target time. This changes RRS 32.1.

## PROTEST

- A boat intending to protest shall notify the Race Committee at the finish line immediately after finishing the race in which the incident occurred, identifying the boat being protested.
- Protest time limit is 30 minutes after the committee boat docks.

## SCORING

- One race will constitute a regatta and rule RRS A5.3 will apply.
- If 5 or more races are completed there shall be 1 exclusion.

## SAFETY

- Boats retiring from the race shall notify the Race Committee as soon as possible.
- Personal flotation devices are required to be worn by competitors during all races and while in the racing area.

## DISCLAIMER OF LIABILITY

- **Disclaimer of Liability:** Competitors participate entirely at their own risk (see RRS 3). The organizing authority accepts no liability for damage, injury, or death sustained before, during, or after the regatta.